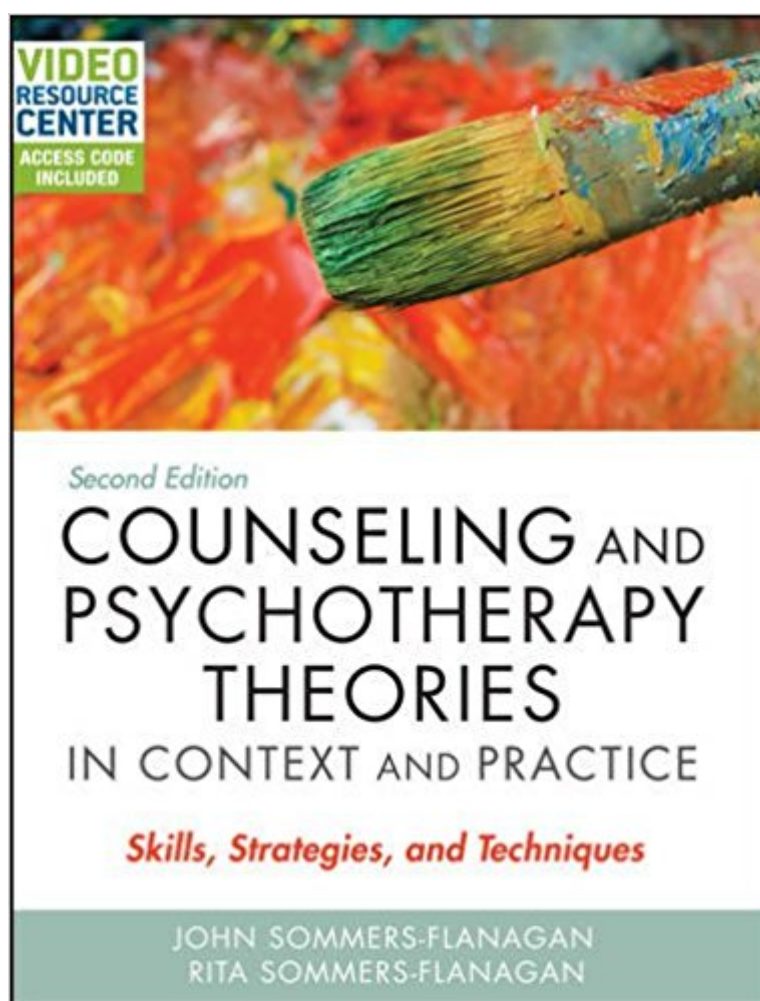


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# Counseling And Psychotherapy Theories In Context And Practice, With Video Resource Center: Skills, Strategies, And Techniques



## Synopsis

Apply the major psychotherapy theories into practice with this comprehensive text *Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques, 2nd Edition* is an in-depth guide that provides useful learning aids, instructions for ongoing assessment, and valuable case studies. More than just a reference, this approachable resource highlights practical applications of theoretical concepts, covering both theory and technique with one text. Easy to read and with engaging information that has been recently revised to align with the latest in industry best practices, this book is the perfect resource for graduate level counseling theory courses in counselor education, marriage and family therapy, counseling psychology, and clinical psychology. Included with each copy of the text is an access code to the online Video Resource Center (VRC). The VRC features eleven videos each one covering a different therapeutic approach using real therapists and clients, not actors. These videos provide a perfect complement to the book by showing what the different theories look like in practice. The Second Edition features:

- New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy
- Extended case examples in each of the twelve Theory chapters
- A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment
- Deeper and more continuous examination of gender and cultural issues
- An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills
- A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence

Showcasing the latest research, theory, and evidence-based practice in an engaging and relatable style, *Counseling and Psychotherapy Theories in Context and Practice* is an illuminating text with outstanding practical value.

## Book Information

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## Customer Reviews

"This introductory text is written with extraordinary care and attention to detail. Not only is it one of the best resources I know of for in depth coverage of classical therapeutic theory, but it is also one of the best at illuminating cutting edge developments, both in theory and application. Readers will greatly benefit from the clarity, comprehensiveness, and personal perceptiveness of this engaging introductory guide." â Kirk J. Schneider, Ph.D., Faculty, Saybrook University and the Existential-Humanistic Institute; Author of Existential-Humanistic Therapy and Existential-Integrative Psychotherapy "This outstanding textbook does not oversimplify the major theories of counseling and psychotherapy nor does it underestimate the neophyte counselor's ability to grapple with ambiguity and complexity--it strikes just the right chord." â Thomas K. Burdenski, Ph.D., Assistant Professor of Psychology and Counseling Tarleton State University "John and Rita Sommers-Flanagan have written an exceptionally practical text for students wishing to learn usable counseling principles. Their excellent scholarship is balanced by a superb treatment of counseling theory that includes a review of the strengths, limitations, and means for implementing the systems represented." â Robert Wubbolding, Ed.D., Professor Emeritus, Xavier University, Center for Reality Therapy; Author of Reality Therapy: Theories of Psychotherapy Series "The Sommers-Flanagan team (John and Rita) have done it again! In the revised second edition of their popular Counseling and Psychotherapy Theories in Context and Practice book, they have masterfully organized and written a compelling text that will appeal to students and faculty alike. The second edition is thoroughly pragmatic with careful attention to research and evidence-based literature. Much to the delight of the readers, extensive case analyses that illustrate major theoretical concepts abound." â Sherry Cormier, Ph.D., Professor Emerita, West Virginia University "Here is a textbook that indulges its reader's curiosity for theories â their complexities and nuances, so often lost in many other textbooks of similar name, receive their due here. John and Rita have an uncanny knack for dismantling the jargon that often distances emerging counselors from the utility and elegance of counseling and psychotherapy theories. If there is such a thing in academe, this is a page-turner that you won't want to put down." â Kurt L. Kraus, Ed.D., Professor of Counseling, Shippensburg University of Pennsylvania "Significantly revised and updated,

Counseling and Psychotherapy Theories in Context and Practice is comprehensive in scope and highly practical; thorough and accessible. With this new edition, John and Rita Sommers-Flanagan have made a quality text even better. It is an excellent resource and I highly recommend it."

â "Richard E. Watts, Ph.D., Distinguished Professor of Counseling, Director, Center for Research and Doctoral Studies in Counselor Education, Department of Educational Leadership & Counseling, Sam Houston State University --This text refers to an out of print or unavailable edition of this title.

AN IN-DEPTH EXPLORATION OF THE MAJOR COUNSELING THEORIES&#151;ORIGINS, CONTEMPORARY DEVELOPMENTS, AND APPLICATIONS TO PRACTICE Fully revised and updated, Counseling and Psychotherapy Theories in Context and Practice, Second Edition is complete with useful learning aids, instructions for ongoing assessment, and valuable case studies&#151;all designed to facilitate comprehension and lead to effective, ethical practice. This new edition also provides access to the Video Resource Center (VRC), which includes 11 videos&#151;each featuring different therapeutic approaches with real therapists and clients. Additionally, the Second Edition features: New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy Extended case examples in each of the twelve Theory chapters A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment Deeper and more continuous examination of gender and cultural issues An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence Showcasing the latest research, theory, and evidence-based practice Counseling and Psychotherapy Theories in Context and Practice is an engaging and illuminating text. "John and Rita Sommers-Flanagan have done it again! In the revised Second Edition of their popular book, they have masterfully organized and written a compelling text that will appeal to students and faculty alike. The Second Edition is thoroughly pragmatic with careful attention to research and evidence-based literature. Much to the delight of readers, extensive case analyses that illustrate major theoretical concepts abound." &#151;Sherry Cormier, PhD, Professor Emerita, West Virginia University, coauthor of Interviewing and Change Strategies for Helpers "John and Rita Sommers-Flanagan have written an exceptionally practical text for students wishing to learn usable counseling principles. Their excellent scholarship is balanced by a superb treatment of counseling theory that includes a review of the strengths, limitations, and means for implementing the systems represented." &#151;Robert Wubbolding, EdD,

Professor Emeritus, Xavier University; Director, Center for Reality Therapy; author of Reality Therapy (Theories of Psychotherapy Series) "This introductory text is written with extraordinary care and attention to detail. Not only is it one of the best resources I know of for in-depth coverage of classical therapeutic theory, it is also one of the best at illuminating cutting-edge developments, both in theory and application. Readers will greatly benefit from the clarity, comprehensiveness, and personal perceptiveness of this engaging introductory guide." &#151;Kirk J. Schneider, PhD, Faculty, Saybrook University; Vice President, Existential-Humanistic Institute; coauthor of Existential-Humanistic Therapy and editor of Existential-Integrative Psychotherapy Video Resource Center: [www.wiley.com/go/videoresourcecenter](http://www.wiley.com/go/videoresourcecenter) Instructor Site: [www.wiley.com/go/counselingtheories](http://www.wiley.com/go/counselingtheories) Student Resource Site: [www.wiley.com/go/counselingtheories](http://www.wiley.com/go/counselingtheories)

If you need to find your home base for a therapy to focus on or align with, then this is the book! Absolutely looked each of the theories and how they were presented in class. Also I love the vignettes of how he worked with each of the clients!

I love the writers of this book, it is like a conversation and sometimes humorous. Got the book right away

Very informative. I use it for my Counseling and psychotherapy class and I'm rocking an A so far!!

This book was well written and cohesive. A very useful tool for those interested in learning theories for counseling and psychotherapy.

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This book is great for learning the theories of counseling and for references if you happen to need it in another psychology or counseling class. It is easy to read and very informational. You will want have this for class and in your profession.

Book arrived as described and ordered. I would absolutely buy from this seller again.

Not a bad reading at all. Interesting manner of presenting material. Great read, makes textbooks seem extremely boring. I am currently taking another Psychology course, and we are covering the same material but this one seems to go more in-depth and places great anecdotes.

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